

SAMPLE INTERNATIONAL TRAVEL ITINERARY

DAY 1

International Travel Day
9:00AM (Central Time)

10:00AM
3:00PM (Eastern Time)
5:50PM
8:35PM

10:00PM

DAY 2

Cultural Excursion

7:00AM-8:00AM
8:00AM
9:00AM
10:00AM
11:00AM
1:00PM
2:30PM-4:00PM
5:00PM
6:00PM
8:00PM

DAY 3

Service Day

7:00AM-8:00AM
8:00AM
11:00AM
12:00PM
1:30PM-4:00PM

4:00PM
6:00PM
7:30PM

DAY 4

Service Day

6:30AM-7:30AM
8:00AM-12:00PM
12:00PM-1:00PM
1:15PM-4:00PM
4:15PM
6:00PM
7:30PM

**Saturday, December 10, 2016 U.S. -
Managua**

**Meet at University of Alabama Ferguson
Center Loop**

Depart

Meet at airport in Atlanta, GA
Flight departs Atlanta on DL???
Flight arrives in Managua on DL???. Group
transfer to Hotel Selva Verde
Snack at Hotel

Sunday, December 11, 2016

Breakfast at Hotel and Orientation
Depart for Cultural Excursion
Zipline at Laguna Tiscapa
Visit Volcan Masaya
Visit Catarina
Lunch in Granada
Boatride in Las Isletas
Return to Hotel
Dinner at Hotel
Reflection/Evening Activity

**Monday, December 12, 2016 Managua-
Estelí**

Breakfast at Hotel
Depart for Estelí
Arrive in Estelí and check in
Lunch at El Quesito
Orientation, Tour of UCATSE Medical
Campus and lab, Work in lab
Return to Hotel
Dinner at Hotel
Reflection/Evening Activity

Tuesday, December 13, 2016

Breakfast at Hotel
Help at Puestos de Salud (City Clinics)
Lunch at El Quesito
Visit Hospital
Return to Hotel
Dinner at Hotel
Reflection/Evening Activity

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DAY 5

Service Day

6:00AM-6:45AM

7:00AM-1:00PM

1:00PM-2:00PM

2:00PM-4:00PM

6:00PM

7:30PM

Wednesday, December 14, 2016

Breakfast at Hotel

Operating Room observations

Lunch at Sabor Nicaraguense

Free Time

Dinner at Hotel

Reflection/Evening Activity

DAY 6

Service Day: Rural Clinic

6:00AM-6:45AM

7:00AM

9:00AM-1:00PM

1:00PM-2:00PM

2:00PM

6:00PM

7:30PM

Thursday, December 15, 2016

Breakfast at Hotel

Depart for community

Rural Health Clinic

Lunch in community

Depart for Hotel

Dinner at Hotel

Reflection/Evening Activity

DAY 7

Service Day: Rural Clinic, Farewell, Travel Day

6:00AM-6:45AM

7:00AM

8:00AM-12:00PM

12:00PM

2:00PM-3:00PM

3:00PM

4:00PM

7:00PM

8:30PM

Friday, December 16, 2016 Estelí-Managua

Breakfast at Hotel

Depart for community

Rural Health Clinic

Depart for Farewell

Farewell Celebration

Depart for Hotel

Depart for Managua

Dinner at Hotel

Reflection/Evening Activity

DAY 8

International Travel Day

4:30-4:45AM

5:00AM

8:30AM

1:10PM (Eastern Time)

6:00PM (Central Time)

Saturday, December 17, 2016

Checkout, Breakfast

Depart for Airport

Flight departs Managua on DL???

Flight arrives in Atlanta, GA

ARRIVE BACK TO UNIVERSITY OF ALABAMA FERGUSON
CENTER LOOP