

INTERCULTURAL EXPERIENCES AND RESPONSIBLE TOURISM
VOLUNTEERING – RESPONSIBLE TOURISM – ACCOMMODATION

MACHUPICCHU ADRENALINE



This tour is designed for travellers who are looking for adventure and adrenaline on their way to Machupicchu. By taking the highway until “hidroelectrica”, you will pass through snowcapped mountains and cloud forests with incredible landscapes, and have the opportunity to take a breathtaking Zipline circuit across the Urubamba River Valley before relaxing in the Colcalmayo natural hot springs to enjoy the sunset over the green mountains. On day 2, the hike up to Aguas Calientes offers the chance to admire Machu Picchu from below and soak in your surroundings before seeing the famous wonder of the world.

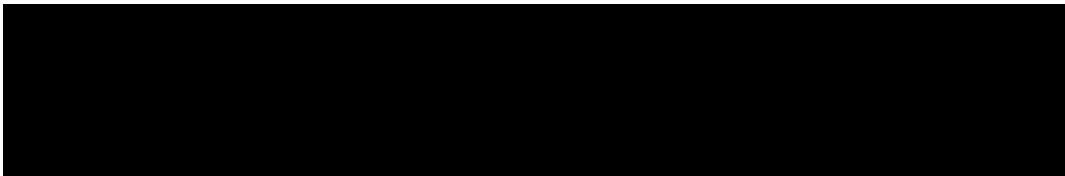
ITINERARY

DAY 1

We will pick you up from your homestays between 6:00 AM and 7:00 AM in a private van. We will drive through the Sacred Valley, passing Chinchero, Urubamba, and Ollantaytambo before climbing to 14,100 feet above sea level at “El Abra Malaga”. El “Abra Málaga” is a passage through the snowcapped mountains between the Sacred Valley and the cloud forests of Quillabamba.

Once we start the descent, you will notice the change in ecosystem and have a chance to see the rare birds that live in the area. We will have a few stops to give you the chance to enjoy the scenery and take a few photos.

Our lunch will be approximately at one o’clock in the town of Santa Teresa, where we be spending the night. After lunch we will do a zipline circuit that takes about 2 hours and spans 3 km back and forth across the valley with 5 lines, Tibetan bridge and an optional Via Ferrata rock climb. You will have the option to do standard, superman, and upside down traverses. From here we will head to the Colcalmayo hot springs where we will have 2 hours to relax and enjoy the beautiful scenery, as well as have dinner.



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DAY 2



After breakfast we will go in van until Hidroelectrica, where we will start our hike to Machu Picchu. The hike is 10 kilometers long, between 2 and 3 hours depending on our pace. As we go along the train tracks leading to Aguas Calientes, we will be passing through the jungle of Cusco.

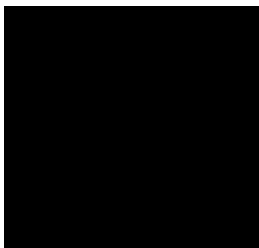
From below, we will catch a glimpse of Machu Picchu and the three mountains that tower over us: Putucusi, Huaynapicchu and Machu Picchu. We will arrive to the town of Aguas Caliente at approximately noon. We will stop for lunch before heading up to the ruins in bus. In the afternoon there are less visitors, so we will be able to take photos and visit the various temples at a more leisurely pace. After approximately 2 hours of your guided tour in the ruins we will head back

down in the bus to Aguas Calientes for a quick dinner and to catch our train back to Ollantaytambo. From Ollantaytambo we will take one last shuttle back to Cusco, arriving home around 12 pm.



INCLUDES

- Private tour to Machupicchu 2 days.
- Pick up from Housing.
- English- Speaking Tour Guide
- Lunch and dinner day 1, breakfast, lunch and dinner day 2
- 1 night accommodation in Santa Teresa (double, triple, and quadruple rooms to share with other people in the group)
- Round trip bus to Machu Picchu from Aguas Calientes
- Entrance Ticket to Machupichu ruins
- Entrance ticket to the hot springs of Colcalmayo



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- Zipline circuit and all safety gear
- Train Aguas Calientes to Ollantaytambo
- Souvenir T-shirt

DOES NOT INCLUDE

- Breakfast Day 1
- Professional Photo Session of Zip Line
- Tips

RECOMMENDED PACKING LIST

- Money in soles
- Snacks (fruits, nuts, etc. For the hike)
- Bottle of water
- Camera
- Sunglasses
- Sunscreen
- Insect Repellent
- Comfortable, close-toed walking shoes
- Light clothes (remember, it is just 2 days!)
- Swimsuit, sandals and a small towel for hot springs

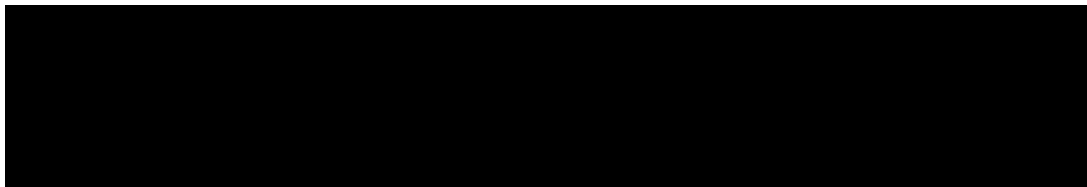
IMPORTANT INFORMATION

The hiking you will be doing is very basic. The terrain is mainly flat and footing is stable. You will be going along the train tracks, but at the times we will be hiking it is unlikely a train will be passing, and in the rare chance it does the train travels very slowly, warns with its horn well in advance, and there is always plenty of room along the sides to get out of its way.

The altitude of Aguas Calientes is 2,700 feet lower than Cusco, so altitude sickness should not be a concern if you are doing ok in Cusco. Our guide is first aid trained and will have a first aid kit the entire trip. Having said that, it is important you recognize your personal level of fitness. The second day, with the hike from Hidroelectrica to Aguas Calientes and the tour of Machu Picchu you can expect to be walking for about 5-6 hours. If you do not feel physically capable of doing this, this is not the tour for you. In case of emergency, you will be evacuated from Aguas Calientes by train until Ollantaytambo where you can be taken to a hospital. Upon confirmation of participation, each traveler will be required to sign a liability waiver.

PRICE PER PERSON VARIES ON HOW MANY PEOPLE SIGN UP

(PRIVATE TRANSPORTATION COSTS PER PERSON CHANGE BASED ON QUANTITY)*



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